

2025 4 Nations W O40 Glasgow

1 - 3 Aug 2025

Glasgow, SCO



Team Details England

Shirt No.	Player	Date of Birth	Age*
1	PORTER Joanna (GK)		44
2	FLOUCH Caroline		41
3	KEATING Emily		43
5	WOOLFORD Vicky (C)		44
6	ROSS Emma		40
7	BRYANT Joey		43
8	FRANKS Vicki		43
9	KELLETT Nicky		40
10	COSTIN Kate (C)		40
11	OWEN Annabel		42
14	MOORE Nadia		43
15	CRAZE Sian		42
16	FYNN Sophie		43
17	HELPS Kate		44
22	BATTEN-LINCOLN Vicki (GK)		44
25	TRAFFORD Eleanor		41
26	GOSDEN Helene		41
27	HATELEY-LOWE Sacha		40

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	COCKAYNE Sarah
Head Coach	YOUNG Richard
Assistant Coach	GOOD Andrew
Other	BAKER Callum

Team Colours

Shirts	Red White
Skirts	Navy Blue
Socks	Red Navy Blue
GK Shirts	Green Yellow

Tournament Director: TRUESDALE Victoria (SCO)

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Team Details Ireland

Shirt No.	Player	Date of Birth	Age*
1	O'BRIEN Siobhan (GK)		43
2	WRIGHT Heather		43
3	HASSETT Liz (C)		43
4	KEARNEY Aine		45
6	POMPHRETT Laura		44
7	DEVANE Ciara		41
9	McDONAGH Ruth		44
10	ROGERS Yvonne		41
11	O'MALLEY Neassa		41
12	McNEILL Melanie (GK)		42
13	PARKE Nikki		43
14	QUIGLEY Gillian		41
15	McCARTHY Karen		42
16	CATTERSON Stacey		42
17	ROSS Elaine		42
18	GEOGHEGAN Sive		44
19	O'CONNOR KENNEDY Lesley		44
21	WILSON Lynsey		41

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	NICHOLSON Gail
Head Coach	O'CONNOR Richard
Assistant Coach	RYAN Siobhan

Team Colours

Shirts	Green Navy Blue
Skirts	Green Green
Socks	Green Navy Blue
GK Shirts	Light Blue Orange

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Team Details Scotland

Shirt No.	Player	Date of Birth	Age*
1	GUILLOT Chantal (GK)		53
2	BROWN Lindsay (GK)		43
9	HILTON Kareema		41
11	GOSSMAN Jenna		42
13	McCORMICK Emma		42
14	HURD Donna		42
15	PENMAN Siobhan		42
17	EWING Rachael		44
22	RAMSEY Carol		41
30	GLENDINNING Sarah		47
41	WHILLANS Rachel		43
42	TYSON Kaney		46
43	EMERSON Jordana		43
44	WRIGHT Lynsey (C)		44
49	JOHN Lisa		46
62	THOMSON Emma		40
63	HOLT Alice		42
66	HOLMES Annie		45

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Team Staff

Role	Name
Team Manager	McEWAN Lindsay
Head Coach	WREN Aiden
Assistant Coach	WALKER Hamish
Physiotherapist / Stand-In Manager	LOWRY Sarah

Team Colours

Shirts	White Royal Blue
Skirts	Navy Royal Blue
Socks	Navy White Royal Blue
GK Shirts	Orange Yellow

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Team Details Wales

Shirt No.	Player	Date of Birth	Age*
6	VINEY Dona		42
8	FUGE Cath		42
14	DUNN Amelia		41
15	WILSON Bethan		41
25	BOWYER Eve (C)		44
30	HUGHES Nia		43
31	ROBERTS Helen		43
32	JONES Pippa		44
33	KNIGHT Dawn		43
38	SMITH Donna (C)		44
39	BROWN Medi		44
40	WELSFORD Abi		44
42	RICHARDS Donna		42
46	HUGHES Delyth		44
47	HENN Siobhan		42
49	SIBLEY Faye		41
666	HANSEN Amy (GK)		44
999	BENN Mel (GK)		47

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	BARRATT Anne
Head Coach	ROBINSON Mark
Assistant Coach	CAMPLING Cheryl

Team Colours

Shirts	Red Black
Skirts	Red Black
Socks	Red Black
GK Shirts	Yellow Mint Green/Cyan

Tournament Director: TRUESDALE Victoria (SCO)