# 2024 4 Nations Cork Women O45

**31 May - 2 Jun 2024**
**Cork, IRL**

## Team Details England O45

| Shirt No. | Player | Date of Birth | Age* |
|---|---|---|---|
| 1 | **BILLINGTON Amanda (GK)** | | 49 |
| 2 | **PARISH Jo (GK)** | | 46 |
| 3 | **STOCKFORD Kat** | | 47 |
| 4 | **GARCIA MORITAN Mariana** | | 45 |
| 5 | **MAAN Sandeep** | | 46 |
| 6 | **DOWNER Marianne** | | 45 |
| 7 | **VALE Zoe (C)** | | 45 |
| 8 | **BINGHAM Kelly** | | 46 |
| 9 | **BOND Chanre** | | 49 |
| 10 | **LEONARD Charlie** | | 47 |
| 11 | **JONES Jemma (C)** | | 48 |
| 12 | **SIMILIEN Sara** | | 49 |
| 13 | **WESTON Jo (C)** | | 47 |
| 14 | **FALCONE Sabina** | | 47 |
| 15 | **WHEELHOUSE Lizzy** | | 45 |
| 16 | **GAMBLING Sarah** | | 48 |
| 17 | **NURSE Gemma** | | 46 |
| 18 | **STANLEY Jenny** | | 45 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **HANHAM Kay** |
| Head Coach | **SUTTON Sue** |
| Assistant Coach | **PROWSE Tracey** |
| Physiotherapist | **ALLAN Lucy** |

## Team Colours

| | |
|---|---|
| Shirts | Red \| White |
| Skirts | Red \| Navy Blue |
| Socks | Red \| Navy Blue |
| GK Shirts | Green \| Yellow |

Tournament Director: DENNIS John (IRL)


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## Team Details Ireland O45

| Shirt No. | Player | Date of Birth | Age* |
|---|---|---|---|
| 1 | **GRILLS Claire (GK)** | | 46 |
| 2 | **WALSHE Fiona (C)** | | 47 |
| 3 | **LEE Joanna** | | 46 |
| 4 | **SPRATT-O'SHEA Niamh** | | 49 |
| 5 | **DAHL Zanya** | | 49 |
| 6 | **JONES Vicky** | | 47 |
| 7 | **FENTON Vivienne** | | 48 |
| 8 | **McCARTHY Aoife** | | 46 |
| 9 | **JONES Stephanie** | | 47 |
| 10 | **GRANT Leonie** | | 47 |
| 12 | **HOBSON Wendy** | | 48 |
| 14 | **Brady Norma** | | 47 |
| 15 | **WALSH E.J.** | | 46 |
| 16 | **MAHER Linda** | | 45 |
| 21 | **HEDLEY Lisa** | | 46 |
| 22 | **DOYLE Triona** | | 46 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **RYAN-DOYLE Emilie** |
| Head Coach | **HARDING Ross** |

## Team Colours

| | |
|---|---|
| Shirts | Green |
| Skirts | Green |
| Socks | Green |
| GK Shirts | Pale blue |

Tournament Director: DENNIS John (IRL)


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## Team Details Scotland O45

| Shirt No. | Player | Date of Birth | Age* |
|---|---|---|---|
| 1 | **CRAIG Sheona (GK)** | | 50 |
| 2 | **HOSIE Ali (GK)** | | 50 |
| 5 | **McCONNELL Shona** | | 48 |
| 6 | **REID Colleen** | | 49 |
| 7 | **HUTCHISON Sheona** | | 49 |
| 8 | **McFARLANE Katrina** | | 49 |
| 9 | **FRANCIS Katie** | | 49 |
| 10 | **HALL Sally** | | 49 |
| 22 | **HALL Janet** | | 48 |
| 26 | **DESCAMPS Katharine** | | 46 |
| 27 | **BLACKWOOD Donna** | | 46 |
| 28 | **PHILIP Lesley** | | 49 |
| 29 | **AITCHISON Nikki** | | 45 |
| 30 | **GLENDINNING Sarah** | | 46 |
| 50 | **PATERSON Lisa** | | 45 |
| 52 | **MACKAY Lesleyann** | | 45 |
| 57 | **LITTLEJOHN Shiona (C)** | | 48 |
| 58 | **FLETCHER Jenny** | | 48 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **BEATTIE Rona** |
| Head Coach | **DAVIDSON Gordon** |

## Team Colours

| | |
|---|---|
| Shirts | Royal Blue \| White |
| Skirts | Royal Blue \| Navy |
| Socks | Royal Blue \| White |
| GK Shirts | Yellow \| Orange |

Tournament Director: DENNIS John (IRL)


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## Team Details Wales O45

| Shirt No. | Player | Date of Birth | Age* |
|---|---|---|---|
| 2 | **BENN Mel (GK)** | | 46 |
| 4 | **DONE Emma (C)** | | 48 |
| 5 | **DEXTER-LOWE Janelle** | | 46 |
| 6 | **PETHERICK Annie (C)** | | 47 |
| 9 | **WATERS Sarah** | | 48 |
| 10 | **HANCOCK Michelle** | | 48 |
| 14 | **WILLIAMS Manon Lloyd** | | 46 |
| 15 | **THOMAS Suzanna** | | 45 |
| 16 | **THOMAS Kate** | | 45 |
| 17 | **POUPON Johanna** | | 48 |
| 20 | **CHAPMAN Leanne (GK)** | | 45 |
| 22 | **BAINBRIDGE Helen** | | 46 |
| 23 | **LUCKMAN Naomi** | | 45 |
| 26 | **BUBB Karen** | | 45 |
| 34 | **KNIGHT Hannah** | | 45 |
| 36 | **NICHOLSON Kate** | | 45 |
| 42 | **WILLIAMS Jess** | | 46 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **TREHARNE Linda** |
| Head Coach | **HOLLAND Andy** |
| Assistant Coach | **HERBERT Joanne** |

## Team Colours

| | |
|---|---|
| Shirts | Red \| Black |
| Skirts | Red \| Black |
| Socks | Red \| Black |
| GK Shirts | Yellow \| Green |

Tournament Director: DENNIS John (IRL)


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