2024 4 Nations Cork Women O40

31 May - 2 Jun 2024
Cork, IRL

Team Details England O40

Shirt No.	Player	Date of Birth	Age*
1	**ELLIS Sarah (GK)**		41
2	**JAMES Sarah**		44
3	**KEATING Emily**		42
4	**SPENCER Dani**		40
5	**GEORGE Nicola**		44
6	**CRAZE Sian**		41
8	**FRANKS Vicki**		42
10	**COCKAYNE Sarah (C)**		42
11	**GILL Victoria**		44
12	**KING Judith**		43
13	**BLAKE Kat**		41
14	**MOORE Nadia**		42
15	**STONE Helen**		42
16	**FYNN Sophie**		42
19	**INSALL Melanie (GK)**		40
21	**THOMAS Angela**		42
23	**FIELD Lucy**		42
25	**ADCOCK Catharine**		41

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	**DIXON Hebe**
Head Coach	**YOUNG Richard**
Assistant Coach	**GOOD Andrew**

Team Colours

Shirts	Red | White
Skirts	Navy Blue | Navy Blue
Socks	Red | Navy Blue
GK Shirts	Green | Yellow

Tournament Director: DENNIS John (IRL)

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Team Details Ireland O40

Shirt No.	Player	Date of Birth	Age*
1	**RYAN Siobhan (GK)**		43
4	**DOAK-MCDONNELL Jean**		41
5	**ANSLOW Amy**		44
7	**McCORMACK Audrey (C)**		45
10	**HOLLIES Cathy**		43
11	**KEARNEY Aine**		44
12	**HORAN Eimear**		43
13	**PARKE Nikki (C)**		42
14	**ENGLISH Alison**		45
15	**RUSHE Kate**		44
16	**O'MAHONEY Sylvia**		45
17	**HASSETT Liz**		42
18	**CLIFFORD Ruth**		43
19	**HIGGINS Edel**		45
20	**LYONS Kristin**		42
23	**ORTON Aoife**		43

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	**CULLEN Nikkey**
Head Coach	**SMALL Niamh**
Assistant Coach	**QUILL Sara**

Team Colours

Shirts	Green
Skirts	Green
Socks	Green
GK Shirts	Yellow | Pink

Tournament Director: DENNIS John (IRL)

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Team Details Scotland O40

Shirt No.	Player	Date of Birth	Age*
1	**GUILLOT Chantal (GK)**		52
2	**BROWN Lindsay (GK)**		42
9	**HILTON Kareema**		40
11	**GOSSMAN Jenna**		41
12	**OSBOURNE Becky**		41
14	**HURD Donna**		41
41	**WHILLANS Rachel**		42
42	**KNIGHT Lindsey**		42
43	**EMERSON Jordana**		42
44	**WRIGHT Lynsey (C)**		43
48	**COOPER Mhairi**		45
49	**JOHN Lisa**		45
59	**SCOLLAY Lynne**		46
60	**HILL Celia**		45
61	**GRANT Claire**		45
63	**HOLT Alice**		41
64	**SMITH Katy**		43
65	**TYSON Kaney**		45

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	**McEWAN Lindsay**
Head Coach	**WREN Aiden**
Assistant Coach	**JOHN Niamh**
Other	**LOWRY Sarah**

Team Colours

Shirts	Royal Blue | White
Skirts	Royal Blue | Navy
Socks	White | Navy
GK Shirts	Orange | Yellow

Tournament Director: DENNIS John (IRL)

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Team Details Wales O40

Shirt No.	Player	Date of Birth	Age*
1	**FELLOWS Sarah (GK)**		44
2	**HANSEN Amy (GK)**		43
3	**GALLAGHER Jenna**		40
6	**VINEY Dona**		41
8	**FUGE Cath**		41
14	**DUNN Amelia**		40
24	**PAGINTON Rebecca**		40
25	**BOWYER Eve (C)**		43
28	**LEWIS Jane**		44
30	**HUGHES Nia**		42
32	**JONES Pippa**		43
33	**KNIGHT Dawn**		42
37	**PAICE Eleri**		44
38	**SMITH Donna (C)**		43
41	**DATHAN Rachel**		44
46	**HUGHES Delyth**		43
47	**HENN Siobhan**		41
49	**SIBLEY Faye (C)**		40

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	**BARRATT Anne**
Head Coach	**ROBINSON Mark**
Assistant Coach	**WELSFORD Abi**
Assistant Coach	**CAMPLING Cheryl**

Team Colours

Shirts	Red | Black
Skirts	Red | Black
Socks	Red | Black
GK Shirts	Yellow | Green

Tournament Director: DENNIS John (IRL)

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