2023 4 Nations Swansea Women O40

2 - 4 Jun 2023

Swansea, Wales

Team Details England

Shirt No.	Player	Date of Birth	Age*
1	**ROSE Helen (GK)**		43
2	**WILSON Jill**		43
3	**ROSS Rebecca**		43
4	**JAMES Sarah**		43
5	**DOWNER Marianne**		44
6	**GILL Victoria**		43
7	**VALE Zoe (C)**		44
8	**SMITH Rachael**		43
9	**MOORE Kate**		41
10	**COCKAYNE Sarah**		41
11	**ELLIS Jo**		40
12	**WOOLFORD Vicky (C)**		42
14	**BLAKE Kat**		40
15	**WHEELHOUSE Lizzy (C)**		44
16	**KEATING Emily**		41
17	**BRYANT Joey**		41
18	**PORTER Joanna (GK)**		42
22	**KING Judith**		42

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-12-31

Team Staff

Role	Name
Team Manager	**HANHAM Kay**
Head Coach	**PROWSE Tracey**
Assistant Coach	**CROSS FELLOWS Sarah**
Physiotherapist	**ALLAN Lucy**

Team Colours

Shirts	Red | White
Skirts	Navy Blue | Navy Blue
Socks	Red | Navy Blue
GK Shirts	Black | Light Blue

Tournament Director: TAYLOR John (WAL)

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Team Details Ireland

Shirt No.	Player	Date of Birth	Age*
1	**GRILLS Claire (GK)**		45
2	**HIGGINS Edel**		44
3	**SCULLY Emily**		42
4	**O'LEARY Ciara**		45
5	**FENTON-MacCARTHY Valerie**		42
6	**BARNETT Sabrina**		45
7	**McCORMACK Audrey (C)**		44
8	**McCARTHY Aoife**		45
9	**O'MAHONEY Sylvia**		44
10	**HOLLIES Cathy**		42
11	**KEARNEY Aine**		43
12	**HEDLEY Lisa**		45
13	**PARKE Nikki**		41
14	**CASTLES Gillian**		44
15	**RUSHE Kate**		43
16	**McDONAGH Ruth**		42
17	**HASSETT Liz**		41

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-12-31

Team Staff

Role	Name
Team Manager	**McDONAGH Ruth**
Head Coach	**QUILL Sara**

Team Colours

Shirts	Green | White
Skirts	Green | Green
Socks	Green | White
GK Shirts	Yellow | Light blue | Black

Tournament Director: TAYLOR John (WAL)

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2023 4 Nations Swansea Women O40

2 - 4 Jun 2023

Swansea, Wales

Team Details Scotland

Shirt No.	Player	Date of Birth	Age*
1	**GUILLOT Chantal (GK)**		51
2	**BROWN Lindsay (GK)**		41
14	**HURD Donna**		40
18	**COX Ruth**		42
41	**WHILLANS Rachel**		41
42	**KNIGHT Lindsey**		41
43	**EMERSON Jordana**		41
44	**WRIGHT Lynsey**		42
45	**JOHNSTONE Vicky**		42
47	**ATKINSON Amy**		43
49	**JOHN Lisa**		44
50	**PATERSON Lisa (C)**		44
51	**LAING Suzanne (C)**		44
53	**ENDERLE Karen**		45
58	**FLETCHER Jenny**		47
59	**SCOLLAY Lynne**		45
60	**HILL Celia**		44
62	**LOWRY Sarah**		40

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-12-31

Team Staff

Role	Name
Team Manager	**BARRY Linda**
Head Coach	**UPMAN Simone**
Statistician	**REID Gemma**

Team Colours

Shirts	White | Royal Blue
Skirts	Navy | Royal Blue
Socks	White | Royal Blue
GK Shirts	Yellow | Orange

Tournament Director: TAYLOR John (WAL)

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2023 4 Nations Swansea Women O40

2 - 4 Jun 2023

Swansea, Wales

Team Details Wales

Shirt No.	Player	Date of Birth	Age*
1	**OWEN Janine (GK)**		45
2	**HANSEN Amy (GK)**		42
6	**VINEY Dona**		40
22	**WINCH Emma**		40
25	**BOWYER Eve (C)**		42
26	**BUBB Karen (C)**		44
28	**LEWIS Jane**		43
30	**HUGHES Nia**		41
32	**JONES Pippa**		42
33	**KNIGHT Dawn**		41
34	**KNIGHT Hannah**		44
35	**MacARTHUR Abigail**		43
36	**NICHOLSON Kate**		44
37	**PAICE Eleri**		43
38	**SMITH Donna**		42
40	**WELSFORD Abi**		42
41	**DATHAN Rachel**		43
43	**WRIGHT Jenny**		42

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-12-31

Team Staff

Role	Name
Team Manager	**BARRATT Anne**
Head Coach	**ROBINSON Mark**
Assistant Coach	**CAMPLING Cheryl**

Team Colours

Shirts	Red | Black
Skirts	Black | Black
Socks	Red | Black
GK Shirts	Yellow | Dark Green

Tournament Director: TAYLOR John (WAL)

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