

2025 4 Nations W O45 Glasgow
1 - 3 Aug 2025
Glasgow, SCO



Team Details England

Shirt No.	Player	Date of Birth	Age*
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
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Team Colours

Shirts	Red White
Skirts	Red Navy
Socks	Red Navy
GK Shirts	Green Yellow

Tournament Director: TRUESDALE Victoria (SCO)

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Team Details Ireland

Shirt No.	Player	Date of Birth	Age*
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
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Team Colours

Shirts	Green Navy
Skirts	Green
Socks	Green Navy
GK Shirts	Sky Blue Orange

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Team Details Scotland

Shirt No.	Player	Date of Birth	Age*
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
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Team Colours

Shirts	White Royal Blue
Skirts	Navy Blue Royal Blue
Socks	Navy Blue Royal Blue White
GK Shirts	Yellow Orange

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Team Details Wales

Shirt No.	Player	Date of Birth	Age*
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
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Team Colours

Shirts	Red Black
Skirts	Red Black
Socks	Red Black
GK Shirts	Yellow Lime Green